## **DREAM CENTER**

## **GROUP FITNESS SCHEDULE**

**SUMMER 2012** 



**Dream Center** of Body of Christ Church 5616 Fox Rd. Raleigh, NC 27616

Phone (919) 872-1931 www.boccdreamcenter.com **MONDAY** 

**TUESDAY** 

**WEDNESDAY** 

**THURSDAY** 

**FRIDAY** 

**SATURDAY** 

**ZUMBA** 

**YAHWEH YOGA** 

> DANCE **BODY N2 GOSPEL SHAPE**

OPEN GYM 6:30PM - 8:30PM \*\*\$3.00 PER PERSON\*\*

> KICK-**BOXING**

**BOOT CAMP** 

**BOOT** 

**CAMP** 

**DANCE N2 ZUMBA SHAPE** 

> \*All fitness classes are \$7.00 each and must be paid for at Member Services upon arrival.

\*\*All classes are 1 hour long (unless otherwise noted).